



Maximizing cost savings for high-risk neonatal and pediatric cases

The promise of new life can be a wonderful experience for new parents. However, high expectations and normal routines can be suddenly interrupted when birth complications or disease present in a newborn. American Health's highly specialized nurses have extensive experience managing the intensive care needs of neonatal and pediatric cases. Pediatric case managers engage with all key participants as early as possible following identification or diagnosis to assist in the following areas:

- Ongoing education to members
- Immediate intervention as needed
- Adequate preparation and planning to members
- Minimizing future complications through health management
- Identification of support groups and systems
- Guidance for lifestyle changes and behavior modifications
- Financial options for members
- Emotional support to members
- Providing follow-up and reporting to clients

Board-certified perinatologists and neonatologists review cases with our pediatric case managers

- Program Highlights -

A comprehensive approach to member support focused on the unique needs of children and their families

Dedicated pediatric case managers interact on behalf of both the child and family, reviewing treatment plans and offering support and resources

Extensive member and family education and support to guide and assist with day-to-day living



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Health
Utilization
Management
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Case Management
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Disease
Management
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